### **ENGLISH**

# TENDERLOIN ACHIEVEMENT GROUP



IHDC's Company Newsletter



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### Welcome To IHDC & TAG

By Tom Heath, Executive Director

My name is Tom Heath and I was the Program Director here from 1999 to 2013. Then I went to work for the city in the child welfare department.

I am now happy to have returned here this year to be the Executive Director.

I hope you will enjoy your time in our TAG program.

It always holds a special place in my heart!

Tom







### **Meet The Team!**



Tom Heath Executive Director



Jay Ferrer Program Director



Luis Eusebio Assistant Program Director



**Enmi Loc** Assistant Program Director



**Andrea Rivera** Program Leader

### **Board of Directors**

Jenny Chea-Vaing - Chairperson

Phi Su - Vice Chairperson / Programs

Tinara Choing - Treasurer

Theary Len - Secretary

Din Ho - Technology

Fang Liao - Tenants Liaison

Tevea Him-Saunders - Community Service











### **Rewards Store**

by Enmi Loc, Assistant Program Director

TAG has introduced an incentive program designed to motivate youth, allowing them to earn tickets in exchange for prizes. Some ways students are able to earn tickets are by being present at the program, doing their homework or reading a book, participating in the activities TAG provides, walking to and/or from school and parks, their behavior for the day, and showing an act of kindness to their peers. We are excited to be able to provide this to our youth for them to receive well-deserved gifts as a gesture of their growth and dedication!

## **All The Way Live**

by Gisela Solito, age 10

We have our dance class, All The Way Live, every Wednesday with Coach Power Serge and Coach Precise. They teach different engaging programs to youth, teenagers, and adults with their goal of inspire and education through dance. They teach students hip hop moves with a focus of break dancing, ensuring that the class is enjoyable. The coaches create a friendly and inviting environment, making sure that students get enough exercise during an indoor/outdoor class. The coaches pay attention to the youth's dance moves and ensure that they understand and master the steps!







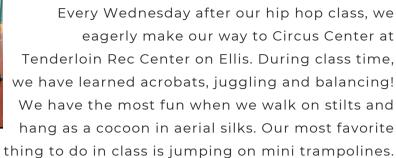
**375 Eddy Street** 





### Circus Center

by Elaine Solito, age 7



Some of us even do front flips!



# **Magic Theater**

by Gisela Solito, age 10

Magic Theater comes to the program every Thursday and engages students with minigames. One of the most fun activities that they have is the silent communication games. We would have to organize ourselves in a line by shortest to tallest and youngest to oldest using only our fingers to communicate. In Magic Theater we also play musical chairs and Simon says, both of these games are very fun to play with friends as we can compete and have fun at the same time!





### 826 Valencia

by Raquel Che, age 11 & Marilyn Nic, age 12

On Thursdays, we have TAG participants attend poetry classes at 826 Valencia. Our students take part in writing meaningful stories that help them express their emotions in poems. In some cases, their letters and stories can be published in official books! Some of the examples include writing letters to their friends and family, and creative fantasy stories. The tutors at 826 Valencia are experienced in writing and help our students by assisting them in writing and encouragement.

www.ihdcsf.org







### **Halloween Festivities**

by Enmi Loc, Assistant Program Director

Be on the lookout for fun Halloween events happening in the neighborhood! The staff will be attending the events with the youth. We look forward to seeing everyone in their costumes!

### October 27, Friday

• Fall Family Fest @ Kroc Center, 240 Turk Street

### October 31, Tuesday

- Halloween Trick-or-Treat @ UC Hastings, 198 McAllister Street
- Halloween Party @ TAG, 375 Eddy Street



# **Upcoming Events**

by Enmi Loc, Assistant Program Director

TAG is excited to announce that we will be hosting holiday events in the near future! We're currently working on the details of the celebrations and will be sharing the details as the dates approach.

Stay tunes for the announcements and feel free to ask us any questions. We look forward to celebrating the holidays with our youth and families!

We invite everyone to our festivities - don't be shy to join us!

### November

• Potluck Fiesta around 11/16 - 11/20

### December

Winter Celebration Party on 12/22













**375 Eddy Street** 





# Food and Transportation Resources

by Luis Eusebio, Assistant Program Director

At TAG, we take great responsibility for helping the community in every way we can. Below is a list of available food and transportation resources in our area.

Free Meals and Food Assistance:

(Click to go to website)

Calfresh (Formerly known as FoodStamps)

Free muni for youth

Free muni for senior





### Flu Season

by Luis Eusebio, Assistant Program Director

Flu season is here and we recommend everyone to get their flu shots to prevent from getting sick. Below is a list of available resources families can use to get their flu shots:

- CVS
- Walgreens
- <u>Safeway</u>











